



Rocamadour



YOUR HOLIDAY DAY-BY-DAY

DAY 01 ARRIVE IN SARLAT

Arrive at the charming *** **Hotel Meysset**, with heated swimming pool, sun terrace, 1.3 hectares of parkland, bar and restaurant. Explore the nearby town of Sarlat, which has the highest concentration of mediaeval, Renaissance and C17 façades of any town in France. Below is our suggested itinerary for the week but as you have a hire car at your disposal, you're free to pick and choose when and where you walk or cycle each day.

DAY 02 LES EYZIES AND THE 'GORGE D'ENFER'

WALK 9KM/6MI/3HR

Les Eyzies is known as France's capital of Prehistory for good reason. This lovely gentle stroll enables you to combine a walk with exploring the village and visiting any number of the dozen or so prehistoric and troglodyte settlements and museums in the area.

DAY 03 EYRIGNAC LOOP

CYCLE 27KM/17MI

Head out to the east of Sarlat towards Sainte Nathalène before continuing up to the delightful manor house and French gardens at Eyrygnac, some of the best in France.

DAY 04 LASCAUX AND MONTIGNAC

WALK 9KM/6MI/3HR

A great day out and an itinerary combining a visit to world-famous Lascaux (allow a couple of hours) with a walk into the hills above Montignac for a good view over the Vézère Valley and the village. You pass the prehistoric site and museum of Regourdou along the way.

DAY 05 GREENWAY LOOP TO CARSAC-AILLAC AND CARLUX

CYCLE 35KM/22MI

Head down from Sarlat to Carsac-Aillac and the Dordogne River beyond. Cycle along the Greenway (Voie Verte) to Rouffillac and continue on to Carlux. Pedal down through orchards, agricultural land and hamlets to the valley floor and Sainte Nathalène, then back to Sarlat.

DAY 06 BEYNAC LOOP

WALK 8KM/5MI/2.5HR

Rather than simply driving straight to the Château de Beynac, this easy walk follows back lanes and trails on a short loop through the countryside to the north of the village. It offers great and varied views and then takes you right to the front door of the château on a 'secret' path.

DAY 07 ROCAMADOUR, THE ALZOU & OUYSSSE WALK 11KM/7MI/3.5HR OR 14KM/9MI/4.5HR

Set off from the château via the iconic viewpoint over Rocamadour and descend along the main street to the Moulin de Roquefrâche. Stroll along the Alzou Valley to the impressive resurgence of the River Ouyssse at the Gouffre de Cabouy, a very picturesque riverside picnic spot.

DAY 08 LEAVE SARLAT



TRIP HIGHLIGHTS

- Exclusive Rep Service
- Stay just outside mediaeval Sarlat in a peaceful *** hotel with 1.3ha of parkland
- Amazing Dordogne landscape, fairytale chateaux, troglodyte caves
- Traditional local market (Saturdays)
- Walking and cycling on well-marked tranquil riverside paths and greenways

AT A GLANCE

Trip code **M07DO**

Departures every Saturdays from 12th May to 22nd September 2018



2 Leisurely/Moderate

YOUR HOLIDAY INCLUDES

- 7 nights single-centre accommodation in a *** hotel
- All breakfasts and evening meals
- Services of your local Representative
- Europcar Group B air-conditioned hire car
- Walking route directions and maps
- High quality bikes
- GPS route directions and maps (for cycling)
- RideWithGPS navigation app (for cycling)
- Wine Collection Service (see page 106)

OPTIONAL UPGRADES

- Sole occupancy of a double room - please enquire
- Room upgrades available
- Extra nights in Sarlat
- City break add-ons in Toulouse

WHERE YOU STAY



*** Hôtel Meysset